**FOR IMMEDIATE RELEASE**

**July 21, 2023**

**Media Contact:**

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**Cooling Centers Open in Santa Clara County due to Heat Advisory**

*A Spare the Air alert is also in effect for Friday, July 21 for the entire Bay Area.*

**SANTA CLARA COUNTY, CALIF.** – The National Weather Service has issued a Heat Advisory beginning at 11 a.m. on Friday, July 21 through 11 p.m., Saturday, July 22. Inland areas temperatures could reach triple digits, which can lead to people experiencing heat exhaustion and heat stroke.

County libraries are operating as cooling centers to provide a safe, air-conditioned space for community members seeking relief from the heat. There are also other dedicated cooling centers open across Santa Clara County. For the nearest cooling center information, go to [www.preparescc.org/heatsafety](http://www.preparescc.org/heatsafety).

The populations most at risk to suffer from the heat are those who work outdoors, individuals without air conditioning, young children, the elderly, people with chronic health conditions, and unhoused community members.

"The incoming hot weather poses significant health hazards, especially for our vulnerable populations, and we urge everyone to take advantage of the County Libraries and other specially designated cooling centers," said Kathryn Kaminski, Deputy Director of the Office of Supportive Housing. "Outreach teams and community volunteers are in the field working with service providers and making extra visits to encampments to distribute water and to spread awareness of available cooling centers and other resources.”

San José community centers and libraries are also open during regular business hours for community members. Go to [bit.ly/sjcommunitycenters](http://www.bit.ly/sjcommunitycenters) for a list of community centers and [www.sjpl.org/locations](http://www.sjpl.org/locations) for a list of libraries.

**Camden Community Center**

3369 Union Ave.

San José, CA 95124

Friday, July 21 – Saturday, July 22 from 1 – 9 p.m.

**Central Park Library**

2635 Homestead Rd.

Santa Clara, CA 95051

Friday, July 21 – Saturday, July 22 from 10 a.m. - 2 p.m.

**College Terrace Library**

2300 Wellesley St.

Palo Alto, CA 94306

Friday, July 21 – Saturday, July 22 from 10 a.m. – 6 p.m.

**Community Recreation Center**

969 Kiely Blvd.

Santa Clara, CA 95051

Friday, July 21 from 8:30 a.m. - 5 p.m.

Saturday, July 22 from 8:30 a.m. - 12:30 p.m.

**Cupertino Library**

10800 Torre Ave.

Cupertino, CA 95014

Friday, July 21 from 10 a.m. – 9 p.m.

Saturday, July 22 from 10 a.m. - 6:30 p.m.

**Downtown library**

270 Forest Ave.

Palo Alto, CA 94301

Friday, July 21 – Saturday, July 22 from 10 a.m. – 6 p.m.

**Emma Prusch Farm Park**

647 S King Rd.

San José, CA 95116

Friday, July 21 – Saturday, July 22 from 1 – 9 p.m.

**Gilroy Library**

350 W. 6th St.

Gilroy, CA 95020

Friday, July 21 – Saturday, July 22 from 10 a.m. – 6 p.m.

**Los Altos Library**

13 S. San Antonio Rd.

Los Altos, CA 94022

Friday, July 21 – Saturday, July 22 from 10 a.m. – 7 p.m.

**Los Gatos Library**

100 Villa Ave.

Los Gatos, CA 95030

Friday, July 21 – Monday, July 23 from 10 a.m. – 6 p.m.

**Milpitas Library**

160 N. Main St.

Milpitas, CA 95035

Friday, July 21 – Saturday, July 22 from 10 a.m. – 7 p.m.

**Milpitas Community Center**

457 E. Calaveras Blvd.

Milpitas, CA 95035

Friday, July 21 – Saturday, July 22 from 9 a.m. – 2 p.m.

**Milpitas Senior Center**

40 N. Milpitas Blvd.

Milpitas, CA 95035

Friday, July 21 from 8:30 a.m. – 4:30 p.m.

Saturday, July 22 from 9 a.m. – noon

**Milpitas Sports Center**

1325 E. Calaveras Blvd.

Milpitas, CA 95035

Friday, July 21 from 6 a.m. – 2 p.m.

Saturday, July 22 from 8 a.m. – 1 p.m.

**Mitchell Park Library**

2700 Middlefield Rd.

Palo Alto, CA 94303

Friday, July 21 – Sunday, July 23 from 10 a.m. – 6 p.m.

**Morgan Hill Library**

660 W. Main Ave.

Morgan Hill, CA 95037

Friday, July 21 – Saturday, July 22 from 10 a.m. – 6 p.m.

**Northside Library**

695 Moreland Way

Santa Clara, CA 95054

Friday, July 21 - Saturday, July 22 from 10 a.m. – 2 p.m.

**Rinconada Library**

1213 Newell Rd.

Palo Alto, CA 94303

Friday, July 21 – Sunday, July 23 from 10 a.m. – 6 p.m.

**Roosevelt Community Center**

901 E. Santa Clara St.

San José, CA 95116

Friday, July 21 – Saturday, July 22 from 1 – 9 p.m.

**Saratoga Library**

13650 Saratoga Ave.

Saratoga, CA 95070

Friday, July 21 – Saturday, July 22 from 10 a.m. – 6 p.m.

**Senior Center**

1303 Fremont St.

Santa Clara, CA 95050

Friday, July 21 from 7 a.m. - 3 p.m.

Saturday, July 22 from 8 a.m. – noon

**Woodland Library**

1975 Grant Rd.

Los Altos, CA 94024

Friday, July 21 – Saturday, July 22 from 11 a.m. – 5 p.m.

Santa Clara County community members are encouraged to check in frequently with older adults and those with chronic conditions who are especially vulnerable to the heat, including family, friends, and neighbors. If you see someone who may be experiencing distress due to the heat, please call 911. All residents are encouraged to take heat safety measures including the following:

* Drink plenty of water and beverages containing electrolytes even if you do not feel thirsty. Avoid alcohol, caffeine, or lots of sugar because they can speed up fluid loss.
* Limit physical activity during peak heat hours of 10 a.m. - 3 p.m.
* Never leave people or pets in a closed, parked car.
* Cool off by taking a bath or shower.
* Wear light weight, light colored, and loose-fitting clothing to help you keep cool.
* Do not bundle babies or put them in heavy clothing.
* Wear a wide-brimmed, vented hat or use an umbrella when outdoors.
* Wear sunglasses and sunscreen.
* Rest often and find shady places to cool down when outdoors.
* Check on family, friends, or neighbors.
* People taking medications should take extra precautions to stay out of the heat. Drugs such as stimulants can increase body core temperature and may predispose individuals to hyperthermia.

For additional information (in English, Spanish, Chinese, Vietnamese), please visit [www.preparescc.org/heatsafety](http://www.preparescc.org/heatsafety).

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**About the County of Santa Clara’s Joint Information Center**

The County of Santa Clara’s Joint Information Center provides coordinated public information during emergencies and disasters. We partner with our local jurisdictions to provide critical information to the public that encourages life safety actions. The Joint Information Center is staffed by county public information officers who support the twenty emergency support functions defined in the county’s emergency operations plan.