

FOR IMMEDIATE RELEASE

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Cooling Centers to Open in Santa Clara County During Extreme Heat Expected Wednesday, June 16 – Thursday, June 17

Take precautions against heat related illness and check on the elderly and other vulnerable populations

SANTA CLARA COUNTY, CALIF. – Cooling centers will be open throughout Santa Clara County as the National Weather Service (NWS) has issued a Heat Advisory for the Bay Area beginning at 11 a.m. on Wednesday, June 16 through 1 p.m. on Friday, June 18. The Heat Advisory will be upgraded to a Heat Warning for surrounding areas including the East Bay Hills beginning at 11 a.m. on Thursday, June 17 through 1 p.m. on Friday, June 18. Temperatures are expected to reach the upper 80s and low 90s in Santa Clara County with Thursday being the hottest day and widespread mid 90s to low 100s across much of the far interior regions of the Bay Area.

The National Weather Service forecasts moderate to potentially high heat risk for vulnerable populations across the interior valleys of the Bay Area and Monterey Bay regions. Potential impacts include heat related illnesses such as heat exhaustion and heat stroke. People most vulnerable include those who are spending lots of time outdoors, those without air conditioning, young children, the elderly, and those with chronic ailments.

Cooling centers will open to provide air-conditioned refuge for residents who are vulnerable to heat. This list will continue to be updated as more cooling centers open. For up-to-date listings, please visit <http://bit.ly/SCC-CoolingCenter>.

City of Cupertino

Wednesday, June 16 – Thursday, June 17 from 1:00 pm – 6:00 pm
Cupertino Library
10800 Torre Ave, Cupertino, CA 95014

City of Gilroy

Wednesday, June 16 – Thursday, June 17 from 1:00 pm – 6:00 pm
Gilroy Library
350 W 6th St, Gilroy, CA 95020

City of Los Altos

Wednesday, June 16 – Thursday, June 17 from 1:00 pm – 6:00 pm
Los Altos Library
13 S San Antonio Rd, Los Altos, CA 94022

City of Milpitas

Wednesday, June 16 – Thursday, June 17 from 1:00 pm – 6:00 pm

Milpitas Library
160 N Main St, Milpitas, CA 95035

City of Morgan Hill

Wednesday, June 16 – Thursday, June 17 from 1:00 pm – 6:00 pm

Morgan Hill Library
660 W Main Ave, Morgan Hill, CA 95037

City of San Jose

Wednesday, June 16 – Friday, June 18 from 1:00 pm – 6:00 pm

Camden Community Center
3369 Union Ave., San Jose, CA 95124

Wednesday, June 16 – Friday, June 18 from 1:00 pm – 6:00 pm

Joyce Ellington Library
491 E. Empire St. San Jose, CA 95112

City of Santa Clara

Wednesday, June 16 – Friday, June 18 from 1:00 pm – 5:00 pm

Senior Center
1303 Fremont Street, Santa Clara, CA 95050

City of Saratoga

Wednesday, June 16 – Thursday, June 17 from 1:00 pm – 6:00 pm

Saratoga Library
13650 Saratoga Ave, Saratoga, CA 95070

Santa Clara County residents are encouraged to check in frequently with older adults and those with chronic conditions who are especially vulnerable to the heat, including family, friends and neighbors. If you see someone who may be experiencing distress due to the heat, please call 911. All residents are encouraged to take heat safety measures including the following:

1. Drink plenty of water and beverages containing electrolytes even if you do not feel thirsty. Avoid alcohol, caffeine, or lots of sugar because they will speed up fluid loss.
2. Limit physical activity during peak heat hours of 10 a.m.-3 p.m.
3. Never leave people or pets in a closed, parked car.
4. Cool off by taking a bath or shower.
5. Wear light weight, light colored, and loose fitting clothing can help you keep cool.
6. Do not bundle babies or put them in heavy clothing.
7. Wear a wide-brimmed, vented hat or use an umbrella when outdoors.
8. Wear sunglasses and sunscreen.
9. Rest often and find shady places to cool down when outdoors.
10. Check on family, friends, or neighbors often.

11. People taking medications should take extra precautions to stay out of the heat as certain drugs such as stimulants can increase body core temperature, and with expected hot weather this week, may predispose individuals to hyperthermia.

For additional information (in English, Spanish, Chinese, Vietnamese), please visit <https://bit.ly/heatsafetytipsSCC>.

The County of Santa Clara Office of Supportive Housing staff are working with service providers and outreach workers to make extra visits to encampments to distribute water and provide information for other services.

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